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Oliveda Care S.A.

Thomas Lommel Calle de la Palma 3

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07003 Palma

Experience and findings report in the context of a medical accompaniment of a patient in an Oliveda-cure

Dear Mr. Lommel:

Below I will provide information about Ms. A. H., born June 29, 1958, who I examined as part of an Oliveda cure to quantify the effects of the cure medically.

In accordance with the requirements, Ms. H. was physically examined both immediately before the beginning, as well as immediately after the cessation, of the course of treatment. I also checked the cardiovascular system, including lung function.

At the first examination, Ms. H. appeared in good health. Her weight was 56.25 kilograms (124 pounds) at 1.55 meters in height (5'1"), and her blood pressure was at 100/70 mmHG, in the lower range.

In laboratory chemistry, a significant lipid metabolism disorder was observed with an increase in total cholesterol (282 mg/dL, normal being 220 mg/dL) and an increase in LDL ("bad" cholesterol) at 175 mg/dL (normal being 150 mg/dL)

Liver and sugar levels, uric acid (gout), and kidney creatinine were within normal limits. The ECG was without pathological findings, the pulmonary function minimally restricted.

The skin appearance was age-matched normal with signs of stress and small wrinkles.

After two weeks of treatment, Mrs. H. had lost 3 kg of weight and looked fresher, more energetic, and the skin was significantly changed with a youthful rosy radiance and recognizably fewer wrinkles. Her energy was outstanding. Mrs. H. described this as, "I could rip out trees, I feel so healthy and strong."

It was striking that given the brevity of treatment, there was a surprisingly strong improvement in lipid metabolism. The cholesterol had normalized, with a decrease to 204, and the "bad" cholesterol, the LDL, was now completely in the normal range at 120 mg.

The liver and gout metabolism, both within the norm range at the start of treatment, had improved by approximately 30%.

The lung function was also about 20% better and within the normal range. Blood pressure remained good.

In summary, I found significant and amazing improvement in the most important metabolic areas, due to the cure, combined with an overall energetic and externally improved impression.

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